



New Day Recovery
Youth and Family
Services

Annual Report

2009



Board of Directors

Willie Bell
Dr. Rosemary Ayitey
Marilyn A. Kotulek
Cheryl Diane Holt
Tunde Rowaije

Mission Statement

New Day Recovery Youth and Family Service's goal is to provide quality service to at-risk youth currently in OJA and DHS custody, as well as the adults in their lives. We serve members in the surrounding community. In addition, we assist in reunifying families, reducing psychiatric impairment, and assisting individuals with behavioral changes to enhance the quality of their life. Along with serving the unique needs of each family with compassion, respect and dignity, New Day Recovery Youth and Family Services is committed to delivering the highest quality of service to each and every client we have the privilege to serve.



Letter from the Executive Director

Dear Supporter,

As you read this report, we hope to show you that New Day Recovery Youth and Family Services also had much to celebrate last year. From the life changing services we provided to our friends and neighbors in need to the altruistic spirit evident in Oklahoma City, we invite you to join us in celebrating the efforts of all who make New Day Recovery Youth and Family Services the agency it is today.

After 12 years, the agency's sole purpose remains the same—to serve the people of the Oklahoma City community. We work to strengthen families and promote the well-being and mental health of children, families and individuals in the community.

We take this remarkable responsibility to the community seriously and know that our work could not be done by us alone. It is through the collective contributions of a devoted board of directors, a compassionate staff, selfless volunteers, generous donors and grantors, and innovative community partners that we are able to offer something invaluable to our most vulnerable citizens. We are able to offer them hope.

With your support, a child will find hope to recover from the trauma of abuse. A father will find hope to become a better parent to his children. A woman will find hope to prevent a lifetime of substance abuse. And a young man will find hope to recover from a debilitating mental illness.

On behalf of New Day Recovery Youth and Family Services and the clients we serve, we wish to thank our donors, supporters, staff, volunteers, friends and colleagues.

Thank you for believing in us. With your support, we will continue to be a center of healing, of renewal and transformation. We will continue to repair and save the lives of those who need help the most.

Warmest Regards,

Roseline Nsirik
Executive Director

2009 Highlights



The demand for our mental health services has grown tremendously in the past year. You don't have to suffer from mental illness. Recovery is possible. We deliver mental health services to low-income and indigent individuals with mental health illnesses and put them on the path to recovery, enabling adults with serious mental illness to live, work, learn and participate fully in community life. We offer a range of specialized services for individuals struggling with persistent mental illness or co-occurring disorders.

Adult Treatment Services

A comprehensive range of services were provided to assist consumers with mental illnesses to achieve recovery and attain an optimal level of functioning with the greatest level of independence. Therapists provided counseling services as well as group treatment. More than **12,000** hours of treatment were provided.

Children Treatment Services

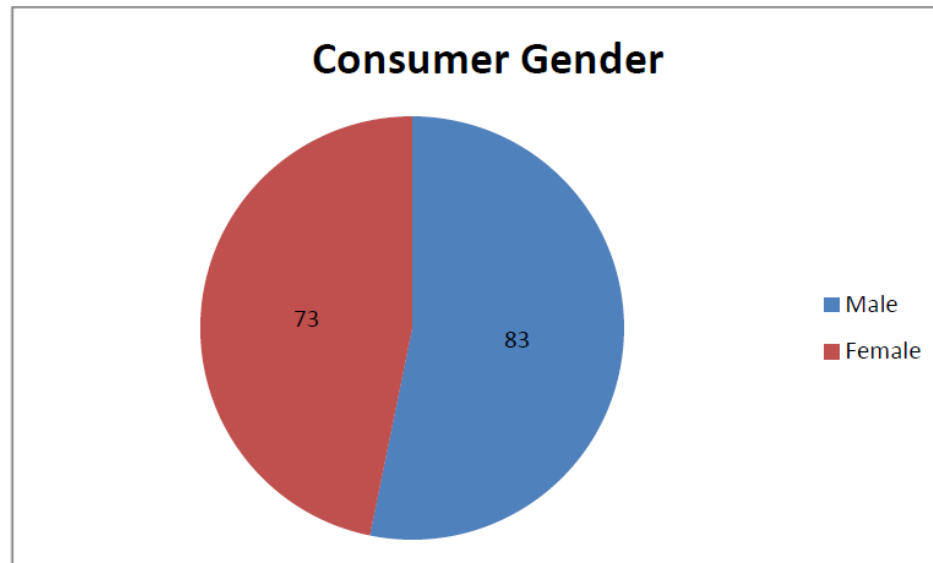
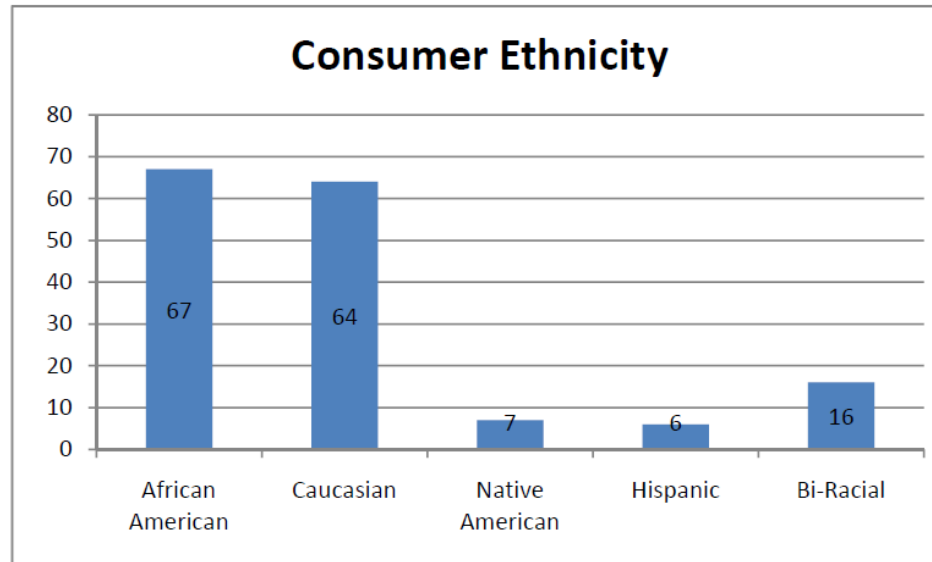
Therapists provided more than 18,000 hours of contact to 200 Oklahoma children with serious emotional and behavioral disorders to improve their overall well-being and functioning.

Substance Abuse and Addictions

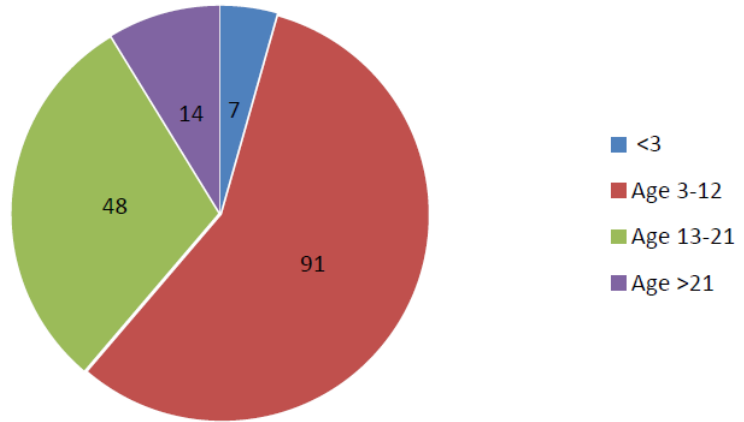
Intensive outpatient alcohol, drug, gambling addiction and co-occurring mental health disorder services helped more than 100 consumers toward recovery.



Client Demographics



Age of Consumer



Voices

"New Day taught me the skills to become a better parent. Instead of spanking my kids or yelling at them, I can discipline them without having to use violence. My kids and I are really close now. I don't know what I would have done without New Day's help."

*Tasha
Oklahoma City, Oklahoma*



"This is exactly what I needed at this time in my life. Just keep offering the same great services that I got! I can't thank New Day enough!! You helped heal me and my family!"

*Frank
Midwest City, Oklahoma*

"I learned so much from this experience. I have learned so much about myself and the world around me. I can say that without New Day, I would be dead. My counselor taught me how to not only deal with, but talk through my problems, so I don't have to resort to drugs or violence to deal with my problems."

*J.C.
Oklahoma City, Oklahoma*





New Day Recovery Youth and Family
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